




# Forward House Community Society



# January 2017

SUN	MON 10:00-7:30	TUES 10:00-7:30	WED 10:00-5:00	THU 10:00-5:00	FRI 10:00-7:30	SAT 10:00-5:00
1 <b>Closed</b> 	2 <b>Women's Group:</b> 12:30-1:30 <b>Young Adults Activity:</b> 3:30-4:45 <b>Games Night:</b> 5:30-7	3 <b>Rest, Play, Grow:</b> 10:30-12 <b>Easy Baking:</b> 12:45-1:45 <b>Yoga on the Mat:</b> 2-3 <b>Out &amp; About:</b> 3:15-4:30 <b>Fun Night Activities:</b> 5:30-7	4 <b>Music with Kirsteen:</b> 12:30-2 <b>Women About Town:</b> 2-3 <b>Men's Time:</b> 2-3 <b>Living Room Chat:</b> 3-4 <b>FF *</b>	5 <b>Adventures with Wool:</b> 10:30-11:30 <b>Writing Circle:</b> 12:30-1:30 <b>LGBTQ Support Group:</b> 2-3	6 <b>Start... Art:</b> 10:30-11:30 <b>HUG Meeting:</b> 12:30-1:30 <b>Dinner with Shane:</b> 2-4 <b>Escape with Art:</b> 5:30-7 <b>Young Adult Games Night:</b> 5:30-7	7 – <b>Russian Christmas!</b> <b>NA Meeting:</b> 10:30-11:30  <b>Discussion with Vivian:</b> 10:15-11:30 <b>Breathe Easy:</b> 12:30-1 <b>Games:</b> 1-3
8 <b>Closed</b>	9 <b>Women's Group:</b> 12:30-1:30 <b>Young Adults Activity:</b> 3:30-4:45 <b>Games Night:</b> 5:30-7	10 <b>Rest, Play, Grow:</b> 10:30-12 <b>Easy Baking:</b> 12:45-1:45 <b>Yoga on the Mat:</b> 2-3 <b>Out &amp; About:</b> 3:15-4:30 <b>Fun Night Activities:</b> 5:30-7	11 <b>Music with Kirsteen:</b> 12:30-2 <b>Women's Time:</b> 2-3 <b>Men About Town:</b> 2-3 <b>Living Room Chat:</b> 3-4 <b>FF *</b>	12 <b>Adventures with Wool:</b> 10:30-11:30 <b>Travel Stories with Janet:</b> 12:30-1:30 <b>LGBTQ Support Group:</b> 2-3	13 <b>Start... Art:</b> 10:30-11:30 <b>HUG Meeting:</b> 12:30-1:30 <b>Dinner with Shane:</b> 2-4 <b>Escape with Art:</b> 5:30-7 <b>Young Adult Games Night:</b> 5:30-7	14 – <b>FH closes at 3:00.</b> <b>NA Meeting:</b> 10:30-11:30  <b>Discussion with Vivian:</b> 10:15-11:30 <b>Breathe Easy:</b> 12:30-1 <b>Games:</b> 1-2
15 <b>Closed</b>	16 <b>Women's Group:</b> 12:30-1:30 <b>Young Adults Activity:</b> 3:30-4:45 <b>Games Night:</b> 5:30-7	17 <b>Rest, Play, Grow:</b> 10:30-12 <b>Easy Baking:</b> 12:45-1:45 <b>Yoga on the Mat:</b> 2-3 <b>Out &amp; About:</b> 3:15-4:30 <b>Fun Night Activities:</b> 5:30-7	18 <b>Music with Kirsteen:</b> 12:30-2 <b>Women About Town:</b> 2-3 <b>Men's Time:</b> 2-3 <b>Living Room Chat:</b> 3-4 <b>FF *</b>	19 <b>Adventures with Wool:</b> 10:30-11:30 <b>Writing Circle:</b> 12:30-1:30 <b>LGBTQ Support Group:</b> 2-3	20 <b>Start... Art:</b> 10:30-11:30 <b>HUG Meeting:</b> 12:30-1:30 <b>Dinner with Shane:</b> 2-4 <b>Escape with Art:</b> 5:30-7 <b>Young Adult Games Night:</b> 5:30-7	21 <b>NA Meeting:</b> 10:30-11:30  <b>Discussion with Vivian:</b> 10:15-11:30 <b>Breathe Easy:</b> 12:30-1 <b>Games:</b> 1-3
22 <b>Closed</b>	23 <b>Women's Group:</b> 12:30-1:30 <b>Young Adults Activity:</b> 3:30-4:45 <b>Games Night:</b> 5:30-7	24 <b>Rest, Play, Grow:</b> 10:30-12 <b>Easy Baking:</b> 12:45-1:45 <b>TIM Talks:</b> 1:45-3:15 <b>Yoga on the Mat:</b> 3:30-4:30 <b>Fun Night Activities:</b> 5:30-7	25 <b>Music with Kirsteen:</b> 12:30-2 <b>Women's Time:</b> 2-3 <b>Men About Town:</b> 2-3 <b>Living Room Chat:</b> 3-4 <b>FF *</b>	26 <b>Adventures with Wool:</b> 10:30-11:30 <b>Writing Circle:</b> 12:30-1:30 <b>LGBTQ Support Group:</b> 2-3	27 <b>Start... Art:</b> 10:30-11:30 <b>HUG Meeting:</b> 12:30-1:30 <b>Dinner with Shane:</b> 2-4 <b>Escape with Art:</b> 5:30-7 <b>Young Adult Games Night:</b> 5:30-7	28 – <b>Chinese New Year!</b> <b>NA Meeting:</b> 10:30-11:30  <b>Discussion with Vivian:</b> 10:15-11:30 <b>Breathe Easy:</b> 12:30-1 <b>Games:</b> 1-3
29 <b>Closed</b>	30 <b>FF *</b> <b>Women's Group:</b> 12:30-1:30 <b>Young Adults Activity:</b> 3:30-4:45 <b>Games Night:</b> 5:30-7	31 <b>Rest, Play, Grow:</b> 10:30-12 <b>Easy Baking:</b> 12:45-1:45 <b>Yoga on the Mat:</b> 2-3 <b>Out &amp; About:</b> 3:15-4:30 <b>Fun Night Activities:</b> 5:30-7			<b>FF* = Families Forward Support Groups for Caregivers, Friends, Families :</b> <b>Mon. 10:30-11:30 am (starting Jan. 30<sup>th</sup>)</b>	<b>FF* = Families Forward Support Groups for Caregivers, Friends, Families :</b> <b>Wed. 6:30-8:30 pm (weekly)</b>